

Introduction

It is because so many players have written to ask me the question, "What do you practice on 'gig days' in place of a full routine?" that I am offering this *Ultra-Trumpet Practice Routine For Advanced Players*.

Here are a few comments that may be helpful to you:

1. Yes, I do play to high C right away. I find that too many players spend so much time warming up only in the lower register that they never do get a good "embouchure set" for the high register for that particular day.
2. I find that the Clarke "Setting Up Drills" offer a wonderful "feel" for the entire range of the instrument. I take them to the top F as written.
3. Remember, whenever **models** are suggested in this routine (such as the five models suggested for use with the "Setting Up Drills"), it does not mean that you should play that particular routine five times. Use one model per week, a different model each day, or emphasize the ones you need the most.
4. You will notice that the **articulation** exercise doubles as a "Lip Relaxer" in this routine, since it goes into the lower register.
5. The **flexibility** exercises given here are quite advanced. There are many flexibility books available today, and most are quite good. If the exercises I have written here are too difficult, choose from any flexibility book, and work up to these. Be sure to carry each exercise down the seven valve combinations.
6. Parts V, VI, and VII are taken from my book *Ultra-Trumpet Technic Cycles*. They are wonderful exercises, since I wrote them myself. (A little humor there; very little!)

I do hope this *Routine* is helpful to you. If it is, please write and tell me. Or write and ask me any questions you like. I love to hear from trumpet players!

My best wishes to you, and may you enjoy continued success!

-Bill Knevitt